# **Do Your Patients Suffer From Chronic Pain? Pulse Stimulation Therapy (P-STIM):**

A New and Highly Effective Approach to Non-narcotic Pain Relief

# P-STIM: A New Approach to An Established Science

• Invented by Jozef C Szeles, MD of the University of Vienna in Austria, the P-STIM applies electrical stimulation to the ear (auricular therapy) over several days.<sup>1,2</sup>



- Unlike other CES technologies which apply electrical stimulation for only several hours, Dr. Szeles discovered that a "wearable" P-STIM, with continuous pulses of low-level current applied over several days (and repeated over several weeks), is more effective at treatment.
- Since 2002, Dr. Szeles has administered over 16,000 treatments; the majority of patients have experienced almost complete relief from pain and related symptoms (anxiety, depression and insomnia).

# Cranial Electrotherapy Stimulation (CES)3: The Science Behind P-STIM

- Well researched since the 1960s, CES involves applying a low-level electrical current to the ear.
- CES has proved to stimulate a number of neuro-chemical and physiological conditions that are known to relieve pain and depression.
  - Release of opiates such as endorphins
  - Promotes sympathovagal balance of the ANS
  - Reduces central sensitization
  - Increases peripheral artery blood flow



The P-STIM Device

# Proven Highly Effective for a Wide Range of Chronic Conditions

- Arthritis & Joint Pain
- Cancer Pain
- Cervical and Lumbar Pain
- Cranial Facial Pain & TMP
- Depression
- Fibromyalgia
- IVF Oocyte Aspiration

- Insomnia
- Migraines
- Neuropathic Pain
- Sciatica
- Shingles (VAV)
- Vascular Insufficiency
- Wound Care

And More!



- Sator-Katzenschlager, SM, Szeles, JC et al. Electrical Stimulation of Auricular Acupuncture Points is More Effective than Conventional Manual Auricular Acupuncture in Chronic Cervical Pain: A Pilot Study. *Anesth Analg* 2003;97: 1469-7, 3.
- 2. Sator-Katzenschlager, SM, et al. The short- and long-Term Benefit in Chronic Low Back Pain Through Adjuvant Electrical versus Manual Auricular Acquiniture. Angeth Angla 2004:98:1359-64
- versus Manual Auricular Acupuncture. *Anesth Analg* 2004;98:1359-64.

  Kirsch, DL. The Textbook of the American Academy of Pain Management. A practical Guide for Clinicians. CRC Press, Boca Raton, FL. 2001

# A Simple Procedure Brings a Lifetime of Relief!

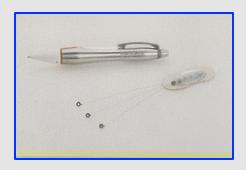
# The Chronic Pain Relief Solution: P-STIM and HRV Testing

- Minimally invasive procedure takes only 30 minutes.
- P-STIM is placed behind the ear with an adhesive electrode.
- Pulses are transmitted via stimulation needles to the nerve endings in the ear.
- Patient's heart rate variability (HRV) is monitored continuously using the ANSiscope. This is to optimize P-STIM placement.
- P-STIM is worn by the patient continuously 4 days on and 3 days off.
- Procedure is repeated with a new P-STIM every week for ~9-12 weeks.
- As treatment progresses, the patient's level of autonomic dysfunction will improve by moving towards the parasympathetic. Using the ANSiscope, quantitative, autonomic dysfunction levels are measured at the first and third visits.



#### The P-STIM and HRV Test are Reimbursable

- **P-STIM:** FDA cleared, reimbursable using CPT code 64555
- **ANSiscope® HRV:** FDA cleared, reimbursable using CPT code 95921
- More than fifty diagnosis ICD-9 codes associated with measuring the autonomic nervous system



The P-STIM and nerve location stylus

- FDA Cleared
- Reimbursable
- Easy-to-Use
- Fast Results
- Portable



The ANSiscope HRV Device

